



St John Fisher Catholic High School

Baytree Road, Springfield, Wigan. WN6 7RN. Tel: 01942 510715. Fax: 01942 519039.

Email: enquiries@sjf.wigan.sch.uk

Website: www.sjfs.co.uk

Headteacher: Mrs A Rigby MA

September 2019

Dear Parent/Guardian

Sexual Health and Relationships Education (RSE): Year 9 sessions

As part of the school's provision for Spiritual, Moral, Social and Cultural Development, your child has been given the opportunity to further develop their understanding of Sexual Health and Relationships Education (RSE).

From September 2020, RSE will become compulsory in all schools across the country. With this in mind we have invited Spectrum, a company supported and funded by Wigan Council, to deliver an informative and educational RSE programme. All sessions provide a high quality and outstanding learning experience where pupils will benefit from the expertise of Spectrum's teaching staff.

The topics your child will cover over their five-week programme are as follows:

| | Topic |
|-----------|---------------|
| Session 1 | Relationships |
| Session 2 | Risks |
| Session 3 | STIs |
| Session 4 | Contraception |

These sessions will focus on developing and maintaining healthy relationships and recognising the signs of an unhealthy or abusive relationship. Additionally, your child will learn ways of recognising and reducing risk. There will be a focus on consent to aid understanding that consent is freely given and that being pressurised, persuaded or coerced to agree to something is not consent. Your child will be provided with factual information about different forms of contraception including natural methods and abstinence. They will learn about the range, nature, symptoms and treatments of some sexually transmitted infections. All sessions are age appropriate and your child will be taught in their form group with a member of St John Fisher staff present at all times. The sessions are respectful of Catholic teachings and have been approved by Liverpool Archdiocese Christian Education Department.

If you have any concerns, or would like any more information about the sessions your child will be participating in, please do not hesitate to contact me at school. Also, Spectrum Health have a parents' section on their website that you can visit. (www.spectrumhealth.org.uk)

Yours sincerely

Mr C Burke
SMSC Coordinator